



# **JUNIOR COACH PROGRAM**

Revised August 2019



## 1. Program Objectives

*The objective of this program is to attract young people into the minor hockey system with the goal of developing them to serve as certified coaches in the future.*

*This Program will serve to support MPMHA programs, especially the Initiation Program, by offering additional on-ice personnel to help in lowering player-coach ratios as per Hockey Canada recommendations. Participants will receive the necessary training to provide the on-ice support to adult coaching staffs and work under the direct guidance of those certified coaches.*

***The junior coach program will operate in the divisions of IP, Novice, Atom & Pee wee as well as U-9 & U-12 Female hockey. Junior Coaches are not eligible to be on the bench for HNL Provincials.***

## 2. Eligibility for Participation

- i. Must be a registered player with Mount Pearl Minor Hockey Association.
- ii. Minimum requirement for Junior Coach Program is 1<sup>nd</sup> year Pee wee player. These persons must enter the program at the Initiation Program level and follow the appropriate development program for that level. The program progression plan outlines minimum requirements.
- iii. Program Progressions:

Initiation Program (4-6yr old)	1 <sup>st</sup> & 2 <sup>nd</sup> Year Jr Coaches
Novice Hockey Program (7-8yr old)	2 <sup>nd</sup> & 3 <sup>rd</sup> Year Jr Coaches
Female U-9 Hockey Program (4-8yr old)	1 <sup>st</sup> to 3 <sup>rd</sup> Year Jr Coaches
Atom House (9-10yr old)	2 <sup>nd</sup> to 4 <sup>th</sup> Year Jr Coaches
Female U-12 Hockey Program	3 <sup>rd</sup> to 4 <sup>th</sup> Year Jr Coaches
Pee wee Hockey (11-12yr old)	Must be mini 15yr old (Grade 9 or Higher)

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### **3. Program Requirements**

- i. Must demonstrate a commitment to the program through regular on-ice participation.
- ii. Must adhere to the HNL Junior Coach Safety Equipment requirements. Junior Coaches are required to wear helmet with facemask, neck guard, hockey gloves, stick, skates and proper on ice attire.
- iii. Act as an extension to the lead coaches in support of activities on the ice. You are there to coach! Not practice your shot! Listen, Watch and Learn! Move into Action quickly.

### **4. How to get involved**

Fill out an MPMHA Junior Coaching Application. Available on the MPMHA website or visit our Office and get a copy.

Note: MPMHA Board of Directors reserves the right to limit numbers and create deadlines for registration for this program.

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